

# A QUALITY EDUCATION INCLUDES THE ARTS & GYM

In order to succeed in life, our children need a complete education that teaches them to think creatively, to collaborate, and to solve problems- skills that are developed through arts and physical education.

## NY State Guidelines for ARTS EDUCATION

GRADES <b>1 - 3</b>	<b>20%</b>	} of the <b>WEEKLY</b> time spent in school	<b>186 HOURS</b>	} throughout the <b>ENTIRE SCHOOL YEAR</b> equally allocated between dance, music, theater, and visual arts
GRADES <b>4 - 6</b>	<b>10%</b>			
		In New York City this is the equivalent of approximately	<b>93 HOURS</b>	

## NY State Requirements for PHYSICAL EDUCATION

GRADES <b>K - 3</b>	Must have physical education <b>DAILY</b>	} for a minimum total of <b>120 MINUTES PER WEEK</b>
GRADES <b>4 - 6</b>	<b>3 DAYS PER WEEK</b>	
		Recess <b>MAY NOT</b> count toward the PE requirement.

## 4 THINGS YOU CAN DO

**#1 Look closely at your child's schedule**  
Do you see 2 or more periods of math and/or reading per day? In order to bring your school into compliance with State laws, suggest giving up the extra math & reading periods.

**#2 Talk to other parents/guardians**  
Talk to the teachers & administration. Ask how you can help your school meet the state requirements for arts & PE.

**#3 Bring it up**  
When? At parent conferences, discussions with the principal, PTA, SLT, & CEC meetings.

**#4 Support full & equal funding for our schools**  
To find out how much money your school is owed by NY State, visit: [cfemoneyowednys.org](http://cfemoneyowednys.org)

## DID YOU KNOW?

**VERY FEW NYC PUBLIC SCHOOLS ACTUALLY MEET NY STATE GUIDELINES**



According to research

- Students engaged in arts learning are more likely to graduate on time than students with little arts instruction in their school day.
- A strong physical education program increases focus, learning, and leads to improved achievement in school.